P.F. Chang's Menu with Prices and Calories 2026

P.F. Chang's · Updated November 2026 · dessieethiopianrestaurant.com

Signature Starters

Item	Price	Calories
Chicken Lettuce Wraps	$14.50	500
Vegetarian Lettuce Wraps	$13.95	450
Dynamite Shrimp	$14.95	430
Crab Wontons	$13.99	390
Thai Dumplings	$12.99	360

Beef Entrees

Item	Price	Calories
Mongolian Beef	$24.95	800
Chang's Spicy Beef	$22.95	750
Pepper Steak	$21.95	700
Beef with Broccoli	$20.95	650
Szechuan Beef	$23.95	770

Chicken Entrees

Item	Price	Calories
Chang's Spicy Chicken	$20.95	700
Orange Chicken	$19.95	720
Kung Pao Chicken	$21.50	680
Chicken with Broccoli	$18.95	620
Sesame Chicken	$20.50	710

Lunch Specials

Item	Price	Calories
Lunch Buddha's Feast	$12.95	650
Mongolian Beef (Lunch)	$15.95	600
Chang's Spicy Chicken (Lunch)	$15.50	580
Lunch Contemporary Bowls	$13.99	540
Lunch Lettuce Wraps	$13.50	350

Vegetarian Options

Item	Price	Calories
Ma Po Tofu	$17.95	520
Stir-Fried Eggplant	$16.95	480
Vegetable Fried Rice	$15.50	600
Steamed Vegetables	$8.95	250

Sides & Rice

Item	Price	Calories
Steamed White Rice	$3.50	200
Steamed Brown Rice	$3.95	210
Fried Rice	$5.95	750
Egg Drop Soup	$4.50	120

Desserts

Item	Price	Calories
The Great Wall of Chocolate	$13.95	1100
Mochi Ice Cream	$7.95	350
Green Tea Ice Cream	$6.95	280
Banana Spring Rolls	$8.50	450
Cheesecake Spring Rolls	$9.50	520

Beverages

Item	Price	Calories
Fresh Brewed Iced Tea	$3.50	0-5
Soft Drinks	$3.00	150
Coconut Water	$4.50	60
Coffee	$3.25	5
Hot Green Tea	$3.00	0

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.