Bonefish Lunch Menu 2026 – Prices, Calories & Popular Dishes

Bonefish Grill · Updated November 2026 · dessieethiopianrestaurant.com

Lunch Combos

Item	Price	Calories
Lunch Duo (Choose 2 items)	$12.90	600-900
Lunch Trio (Choose 3 items)	$15.90	900-1300
Lunch Bowl (Protein with rice & veggies)	$13.90 - $16.90	600-900

Appetizers for Lunch

Item	Price	Calories
Bang Bang Shrimp (Half portion)	$8.90	395
Bang Bang Shrimp (Full portion)	$12.90	790
Ahi Tuna Sashimi (Half portion)	$9.90	170
Ahi Tuna Sashimi (Full portion)	$14.90	340
Lobster and Shrimp Flatbread (Half portion)	$9.90	approx. 450
Pot Stickers (Half portion)	$7.90	325
Calamari (Half portion)	$8.90	580

Fish & Seafood

Item	Price	Calories
Grilled Salmon (6 oz)	$16.90	330
Fish and Chips	$14.90	1030
Shrimp Scampi	$15.90	740
Lobster Tail (single)	$18.90	280
Fish Tacos (2 soft tacos)	$14.90	1230

Land & Poultry

Item	Price	Calories
Grilled Chicken (6 oz)	$13.90	260
Lunch Burger (Half-pound Angus)	$12.90	1510
Lunch Steak (6 oz sirloin)	$17.90	220
Pasta with Meatballs	$13.90	680

Lunch Salads

Item	Price	Calories
Caesar Salad	$10.90	500
Caesar Salad with Grilled Chicken (+$4)	$14.90	760
Caesar Salad with Grilled Shrimp (+$5)	$15.90	790
House Salad	$9.90	240
Asian Salad	$11.90	350
Cobb Salad	$12.90	930

Sides

Item	Price	Calories
Side Salad	$1.50	150
French Fries	$5.50	550
Jasmine Rice	$5.00	210
Coleslaw	$4.50	180
Broccoli	$5.50	100
Seasonal Veggies	$5.50	150

Drinks

Item	Price	Calories
Soft Drinks	$2.90	190-310
Iced Tea	$2.90	0-120
Lemonade	$2.90	190
Mango Iced Tea	$3.50	190
Beer	$5.00-$7.00	150-200
Wine by the glass	$7.00-$10.00	120-150

Desserts

Item	Price	Calories
Chocolate Lava Cake	$8.90	780
Key Lime Pie	$7.90	480
Macadamia Nut Brownie	$8.90	1070

Kids Meals

Item	Price	Calories
Kids Popcorn Chicken	$8.50	230
Kids Mac N' Cheese	$8.50	350
Kids Popcorn Shrimp	$9.50	220
Kids Grilled Shrimp	$10.50	80
Kids Fish Strips	$10.50	130
Kids Grilled Chicken	$9.50	120

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.